



Questions?

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Crazy Hat Day Winners – 10/14



Breast Cancer Awareness Day – 10/21



Special Events

NOVEMBER 7
Movember & National Jersey Friday
 Celebrating Men's Health Month with Info Sessions hosted by Medical and Men's Basket Raffle. Wear a football jersey.

NOVEMBER 11
Friendsgiving Desserts
 Apple & Pumpkin themed recipes with Guest Baker Tiramisuzie. Wear fall colors.

NOVEMBER 18
Disney Day
 Celebrating Mickey Mouse's Birthday & National Princess Day. Wear a Disney shirt for our surprise guest.

NOVEMBER 25
Pajama Day
 Roll into Rehab in your PJs the day after Thanksgiving. Prizes for the best pajamas.

We believe that a lifestyle is more than just skilled therapy, vocational training, or a place to live - it is the attitude you possess, the goals you strive for, and that which you believe is possible.

MONDAY

Cooking w/ Makiah
9:30am-10:30am
TEA Center

Cooking w/ Makiah
10:30-11:30am
Tech Center

Fitness w/ PT
11:30am-12:30pm
PT Gym

Games w/ Makiah
12:00-1:00pm
Dining Hall

Live Music
1:30-2:30pm
Dining Hall or
Courtyard

Community Service
1:30-3:30pm
Various Locations



TUESDAY

Hand Hygiene w/ Fatu
9:30-11:30am
Wellness Bathroom

Hair Hygiene w/ Makiah
9:30-11:30am
Wellness Bathroom
(biweekly)

Creative Arts w/ Naty
9:30am-10:30am
Tech Center

Science w/ Will
1:00-2:00pm
Tech Center

Men's Group w/ Will
2:00-3:00pm
Dining Hall

Meditation w/ Cog
3:30-4:30pm
Active Gym

Bible Study w/ Pastor
3:30-4:30pm
Speech Room
(biweekly)

WEDNESDAY

Cooking w/ Makiah
9:30-10:30am
Tech Center

Cooking w/ Makiah
10:30-11:30am
Dining Hall

Creative Arts w/ Naty
10:30-11:30am
TEA Center

Special Events Committee
2:30-3:30pm
Zoom & In-Person
Various Locations

THURSDAY

Hair Hygiene w/ Makiah
9:30-11:30am
Wellness Bathroom
(biweekly)

Fun & Games w/ Shawna
9:30-10:30am
Tech Center

Fun & Games w/ Shawna
12:30-1:30pm
TEA Center

Yoga & Pilates w/ OT
1:00-2:00pm
Sensory Gym
(biweekly)

Live Music
1:30-2:30pm
Dining Hall or
Courtyard
(biweekly)

Pet Therapy
1:30-2:30pm
Various Locations
(biweekly)

FRIDAY

Paint & Sip w/ DSP
9:30-11:00am
TEA & Tech Center

Book Club w/ Therapy
3:30-4:30pm
Zoom & Speech Room

SALON SERVICES AT REHAB

Haircuts by Lucy
11/2/& 11/7

Nails by Tinia
11/14 & 11/28

Follow us on Instagram
@ui_rehab

Check out our
News & Events tab
www.uirehabnj.com

COMMUNITY OUTINGS

We venture into the
community 7 days a week.
Shopping, movies, restaurants,
museums & more!

Check your newest outing with
the PT Team – Rock climbing at
Diamond Sports.



Red Room

Monday	
9:30-10:30am	Cultures w/ Christian
10:30-11:30am	Art w/ Naty
12:30-1:30pm	Music w/ Fatu
Tuesday	
9:30-10:30am	Music w/ Christian
Wednesday	
10:30-11:30am	Life Skills w/ Latisha
1:30-2:30pm	Art w/ Fatu
2:30-3:30pm	Special Events
Thursday	
10:30-11:30am	Art Therapy w/ Steph
Friday	
10:30-11:30am	Bingo w/ Latisha

Gray Room

Monday	
9:30-10:30am	Life Skills w/ Latisha
Tuesday	
10:30-11:30am	Science w/ Will
12:30-1:30pm	Bingo w/ Latisha
Wednesday	
9:30-10:30am	Music w/ Christian
12:30-1:30pm	Art w/ Fatu
Thursday	
9:30-10:30am	Music w/ Fatu
1:30-2:30pm	Art w/ Naty
Friday	
10:30-11:30am	Cultures w/ Christian

Purple Room

Monday	
10:30-11:30am	Music w/ Fatu
Tuesday	
9:30-10:30am	Bingo w/ Latisha
10:30-11:30am	Art Therapy w/ Steph
12:30-1:30pm	Music w/ Christian
Wednesday	
9:30-10:30am	Life Skills w/ Latisha
2:30-3:30pm	Special Events
Thursday	
10:30-11:30am	Cultures w/ Christian
1:30-2:30pm	Art w/ Fatu
Friday	
10:30-11:30am	Games w/ Shawna

Blue Room

Monday	
9:30-10:30am	Art w/ Naty
12:30-1:30pm	Cultures w/ Christian
Tuesday	
1:30-2:30pm	Music w/ Christian
Wednesday	
10:30-11:30am	Games w/ Shawna
12:30-1:30pm	Bingo w/ Latisha
Thursday	
9:30-10:30am	Life Skills w/ Latisha
2:30-3:30pm	Music w/ Fatu
Friday	
10:30-11:30am	Art w/ Fatu

Orange Room

Monday	
12:30-1:30pm	Bingo w/ Latisha
Tuesday	
10:30-11:30am	Music w/ Christian
12:30-1:30pm	Music w/ Fatu
Wednesday	
9:30-10:30am	Games w/ Shawna
1:30-2:30pm	Life Skills w/ Latisha
2:30-3:30pm	Special Events
Thursday	
9:30-10:30am	Art Therapy w/ Steph
10:30-11:30am	Cultures w/ Christian
Friday	
9:30-11:00am	Art w/ Fatu

Yellow Room

Monday	
9:00-10:30am	Art Therapy w/ Steph
12:30-1:30pm	Life Skills w/ Latisha
Tuesday	
9:30-10:30am	Science w/ Will
10:30-11:30am	Bingo w/ Latisha
Wednesday	
10:30-11:30am	Art w/ Fatu
12:30-1:30pm	Music w/ Christian
Thursday	
10:30-11:30am	Music w/ Fatu
Friday	
9:30-10:30am	Cultures w/ Christian

Enrichment Activities

World Cultures

Switzerland, Costa Rica, Australia, Pakistan

Music

Famous Male Musicians, Classic Rock, Disney Tunes

Life Skills

Balloon & Soda Can Experiments

Life Skills

Thanksgiving Table Setting, Holiday Decoration Sorting, Fall Recipes

and more!

Activities listed are led by Activity Specialists in the Enrichment Department. Meditation, grooming & additional activities are also led daily by Direct Support Professionals.

Green Room

Monday	
9:30-10:30am	Music w/ Fatu
10:30-11:30am	Cultures w/ Christian
Tuesday	
10:30-11:30am	Art w/ Naty
Wednesday	
9:30-10:30am	Art w/ Fatu
10:30-11:30am	Music w/ Christian
Thursday	
10:30-11:30am	Life Skills w/ Latisha
Friday	
9:30-10:30am	Bingo w/ Latisha