

Questions?

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APRIL 2024



Jessica's session at Lifetown was filled with fun



Gina works on a sorting activity at day program



Walter makes a bunny for spring during his art class

April Enrichment Themes

Sensory

Bunnies, flowers

Poms-in-a-Bag, daily sensory hours

Fitness

Bean Bag Toss, Pickle ball, Bowling, Dice Throw, Flower Theme Ring Toss, Dance

Mindfulness

Helpfulness, Gratitude, Celebration, Fulfillment, Calmness

Art

Spring Projects, Flowers, Painting Flower Pots, Creating-with-Clay, About Me Books

Health

Physical Hygiene, Prepping for Exercise, Nutrition, Dental Hygiene

Other

Community Service, Creating Music, Instruments

April Special Events

APRIL 5

Autism Awareness Day

Join us for a walk for Autism in the courtyard! Wear your comfy pj's or the color blue to celebrate

APRIL 12

Animal Show Day

Rizzo's Wildlife Animal Show at 2pm! Please join us in celebrating our animal friends by wearing animal print

APRIL 19

Earth Day & Tea Party

Celebrating Earth Day with an informational session on our environment. Join us with a cup of tea for our Tea Party

APRIL 26

SPRING BAZAAR

Bring in some extra cash for some SPRING SHOPPING! Got any gently used/new items during spring cleaning? The Bazaar will happily take those items off your hands. Email Lauren for more details 😊



"At Universal we focus on Ability and provide the resources for our clients to chase their dreams and never say never."

Jerry Lasso, Founder

MONDAY

-Mindfulness w/ Maui

9:30am-10:30am

Tech Center

-Art w/ NyRee

9:30-10:30am

Lounge

-Word Game w/ Yemmy

9:30am-11:30am

TEA Center

-Fitness w/ Courtney

10:30am-11:30am

Lounge

-Trivia w/ Yemmy

10:30-11:30am

Tech Center

-Science w/ Maui

11:30am-12:30pm

TEA Center

-Live Music

1:30-2:30pm

Dining Hall

-Word Game w/ Yemmy

2:30pm-3:30pm

Tech Center

-Trivia w/ Maui

3:30-4:30pm

Dining Hall

Women's Group w/ Yemmy

3:30-4:30pm

Comp. Lounge

TUESDAY

-Word Game w/ Yemmy

9:30-10:30am

Lounge

-Creative Arts w/ Naty

9:30am-10:30am

Tech Center

-Trivia w/ NyRee

9:30-10:30am

TEA Center

-Karaoke w/ Yemmy

11:30am-12:30pm

TEA Center

-Fitness w/ NyRee

12:30-1:30pm

Tech Center

-Sport Trivia w/ NyRee

1:30-2:30

Dining Hall

-Art w/ NyRee

2:30-3:30pm

TEA Center

-Men's Group

2:00-3:00pm

Lounge

WEDNESDAY

-Mindfulness w/ Maui

9:30am-10:30am

Lounge

-Cooking w/ Yemmy

9:30-10:30am

TEA Center

-Health Talk w/ NyRee

10:30-11:30am

Lounge

-Fitness w/ Courtney

10:30am-11:30am

Lounge

-Cooking w/ Yemmy

10:30-11:30am

Tech Center

-Creative Arts w/ Naty

10:30am-12pm

TEA Center

-Health w/ NyRee

12:30-1:30pm

Tech Center

-Word Game w/ Yemmy

2:30pm-3:30pm

TEA Center

-Special Events Committee

2:30-3:30pm

Zoom & In-Person

Lounge

-Bible Study w/

Pastor or Yemmy

3:30-4:30pm

Lounge

THURSDAY

-Cooking w/ Courtney

9:00-10:15am

Tech Center

-Mindfulness w/ Yemmy

9:30-10:30am

TEA Center

-Trivia w/ NyRee

10:30-11:30am

Tech Center

-Cooking w/ Courtney

10:30am-11:15am

TEA Center

-World Travel w/ Yemmy

10:30am-11:30am

Lounge

-Live Music

1:30-2:30pm

Dining Hall

-Men's Group

2:00-3:00pm

Lounge

-Women's Group

2:30-3:30pm

Comp. Lounge

-Mindfulness w/ Yemmy

3:30-4:30pm

Tech Center

-Word Game w/ Maui

2:30-3:30pm

TEA Center

-Cooking w/

Courtney & Fatu

2:30-4:00pm

Dining Hall

FRIDAY

-Science w/ Maui

9:30-10:30am

Tech Center

-Beverages & Brain Busters

w/Courtney

9:30-10:30am

Tech Center

-Beverages & Brain Busters

w/Courtney

10:45am-12:00pm

TEA Center

-Beauty Bar

10:30am-12:30pm

Lounge

-Fun Friday Special Event

1:45-3:30pm

Dining Hall

-Book Club w/ Therapy

3:00-4:00pm

TRU

Community trips to occur daily

SALON SERVICES AT REHAB

Haircuts by Lucy

4/9 & 4/15

Barber Cuts by Ricky

4/12 & 4/26

Nails by Tinia

4/2 & 4/15

Massages by Kerri

4/12



Follow us on Social Media

Instagram: @ui_rehab

www.uirehabnj.com/
news-and-events

Red Room

Monday	
9:30-10:30am	Music w/ Natasha
10:30-11:30am	Art w/ Naty
12:30-1:30pm	Life Skills w/ Latisha
Tuesday	
10:30-11:30am	Art w/ Fatu & Steph
12:30-1:30pm	Art w/ Vee
Wednesday	
9:30-10:30am	Fitness Circuit
10:30-11:30am	Art w/ Natasha
12:30-1:30pm	Science w/ Maui
1:30-2:30pm	Cultures w/ Yemmy
2:30-3:30pm	Special Events Mtg
Thursday	
10:30-11:30am	Switch Games w/Fatu
12:30-1:30pm	Fitness w/ NyRee
Friday	
10:30-11:30am	Bingo w/ Latisha

Gray Room

Monday	
9:30-10:30am	Life Skills w/ Fatu
12:30-1:30pm	Fitness w/ Vee
Tuesday	
9:30-10:30	Sensory Cicuit
10:30-11:30am	Music w/ Natasha
12:30-1:30pm	Sensory w/ Vee
Wednesday	
9:30-10:30am	Switch Games w/ Fatu
10:30-11:30am	Art w/ Vee
12:30-1:30pm	Fitness w/ Courtney
1:30-2:30pm	Art w/ Natasha
Thursday	
9:30-10:30am	Fitness Circuit w/Rach
10:30-11:30am	Art Therapy w/ Steph
12:30-1:30pm	Bingo w/ Latisha
Friday	
10:30-11:30am	Fitness w/ Yemmy

Orange Room

Monday	
9:30-10:30am	Life Skills w/ Latisha
12:30-1:30pm	Science w/ Maui
2:30-3:30pm	Cooking w/ Natasha
Tuesday	
9:30-10:30am	Fitness Circuit w/ Lawrence
10:30-11:30am	Trivia w/ Vee
12:30-1:30pm	Music w/ Natasha
Wednesday	
9:30-10:30am	Dance w/ NyRee
10:30-11:30am	Fitness w/ Courtney
12:30-1:30pm	Life Skills w/ Fatu
2:30-3:30pm	Special Events Mtg
Thursday	
9:30-10:30am	Art Therapy w/ Steph
12:30-1:30pm	Mindful w/ Yemmy
2:30-3:30pm	Comm. Service w/ Fatu
Friday	
9:30-10:30am	Art w/ Natasha

Blue Room

Monday	
9:30-10:30am	Art w/ Naty
10:30-11:30am	Life Skills w/ Fatu
12:30-1:30pm	Music w/ Natasha
Tuesday	
9:30-10:30am	Bingo w/ Latisha
10:30-11:30am	Art w/ NyRee
1:30-2:30pm	Games w/ Fatu
2:30-3:30pm	Sensory Circuit
Wednesday	
10:30-11:30am	Fitness Circuit (PT)
12:30-1:30pm	Art w/ Vee
Thursday	
9:30-10:30am	Art w/ Natasha
10:30-11:30am	Sensory Circuit
12:30-1:30pm	Science w/ Maui
Friday	
9:30-10:30am	Sensory w/ Vee

Purple Room

Monday	
9:30-10:30am	Fitness w/ Courtney
10:30-11:30am	Art w/ Vee
2:30-3:30pm	Mindfulness w/ Maui
Tuesday	
9:30-10:30am	Art w/ Natasha
10:30-11:30am	Fitness Circuit (PT)
12:30-1:30pm	Games w/ Fatu
Wednesday	
9:30-10:30am	Sensory Gym
10:30-11:30am	Science w/ Maui
12:30-1:30pm	Cultures w/ Yemmy
2:30-3:30pm	Special Events Mtg
Thursday	
9:30-10:30am	Bingo w/ Vee
12:30-1:30pm	Community Service w/ Fatu
2:30-3:30pm	Cooking w/ Natasha
Friday	
9:30-10:30am	Life Skills w/ Latisha
10:30-11:30am	Trivia w/ Vee
Yellow Room	
Monday	
9:30-10:30am	Fitness Circuit
10:30-11:30am	Music w/ Natasha
1:30-2:30pm	World Cultures
Tuesday	
10:30-11:30am	Fitness w/ Yemmy
12:30-1:30pm	Bingo w/ Latisha
1:30-2:30pm	Art w/ Vee
Wednesday	
9:30-10:30am	Games w/ Fatu
12:30-1:30pm	Art w/ Natasha
1:30-2:30pm	Life Skills w/ Fatu
Thursday	
9:30-10:30am	Art w/ NyRee
12:30-1:30pm	Sensory w/ Vee
1:30-2:30pm	Art w/ Nati
Friday	
9:30-10:30am	Sensory Circuit

Teal Room

Monday	
9:30-10:30am	Art Therapy w/ Steph
1:00-2:00pm	Sensory Circuit
Tuesday	
9:30-10:30am	Art w/ Vee
1:30-2:30pm	Fitness Circuit (PT)
2:30-3:30pm	Games w/ Fatu
Wednesday	
9:30-10:30am	Music w/ Natsha
1:30-2:30pm	Sensory w/ Vee
2:30-3:30pm	Mindful w/ Maui
Thursday	
9:30-10:30am	Like Skills w/ Fatu
1:30-2:30pm	Art w/ Natasha
Friday	
1:00-2:00pm	Sensory Circuit (PT)

Green Room

Monday	
9:30-10:30am	Sensory Circuit
10:30-11:30am	Art w/ NyRee
12:30-1:30pm	Bingo w/ Vee
Tuesday	
9:30-10:30am	Games w/ Fatu
10:30-11:30am	Art w/ Naty
2:30-3:30pm	Art w/ Vee
Wednesday	
9:30-10:30am	Sensory w/ Vee
12:30-1:30pm	Life Skills w/ Latisha
1:30-2:30pm	Science w/ Maui
Thursday	
10:30-11:30am	Fitness Circuit (PT)
12:30-1:30pm	Art w/ Natasha
2:30-3:30pm	Sensory Gym
Friday	
9:30-10:30am	Fitness w/ Yemmy