

Questions?

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JULY 2024: Enrichment



It's vacation season at UIRehab! Our clients have been all over the world (quite literally) already this summer. From cruising to Nova Scotia (pictured right) to enjoying the beaches in Puerto Rico (left), we take pride in giving our clients fabulous life experiences.

JULY Enrichment Themes

Sensory

Sunshine, butterflies, flowers
 Poms-in-a-Bag, daily sensory hours

Fitness

Bean Bag Toss, Pickle ball, Bowling, Dice Throw,
 Flower Theme Ring Toss, Dance

Mindfulness

Helpfulness, Gratitude,
 Celebration, Fulfillment, Calmness

Art

Summer Projects, Flowers, Painting Butterflies,
 Creating-with-Clay, About Me Books

Health

Physical Hygiene, Prepping for Exercise,
 Kickboxing, Pickleball

JULY Special Events

Please note that we will be closed on July 4th

JULY 5

ROCK & ROLL INDEPENDENCE DAY

Join us for DJ JOHN as we celebrate the 4th of July. Wear your red, white, & blue or Rock & Roll attire!

JULY 12

TROPICAL BEVERAGES & TATTOOS

Stick on a temporary tattoo with us and wear your best tropical shirt! Virgin specialty drinks to be served.

JULY 19

MAGIC SHOW

Come join us for a magical July day...complete with a magician of course! Wear your Disney attire.

JULY 26

SELF CARE DAY & NATIONAL DIASBILITY INDEPENDENCE DAY

Celebrating self care with massages and an info session. Wear red, white, and/or gold.

SAVE THE DATE: Our 3rd Annual SUMMER DANCE will be Friday, August 16th ! Our theme this year will be The Great Gatsby.



"At Universal we focus on Ability and provide the resources for our clients to chase their dreams and never say never."

Jerry Lasso, Founder

MONDAY

-Mindfulness w/ Maui

9:30am-10:30am

Tech Center

-Art w/ NyRee

9:30-10:30am

Lounge

-Word Game w/ Yemmy

9:30am-11:30am

TEA Center

-Fitness w/ Courtney

10:30am-11:30am

Lounge

-Trivia w/ Yemmy

10:30-11:30am

Tech Center

-Beauty w/ Nyree

11:30am-12:30pm

TEA Center

-Live Music

1:30-2:30pm

Dining Hall

-Word Game w/ Yemmy

3:30pm-4:30pm

Tech Center

-Trivia w/ Maui

3:30-4:30pm

Dining Hall

TUESDAY

-Word Game w/ Yemmy

9:30-10:30am

Lounge

-Creative Arts w/ Naty

9:30am-10:30am

Tech Center

-Trivia w/ NyRee

9:30-10:30am

TEA Center

-Karaoke w/ Yemmy

11:30am-12:30pm

TEA Center

-Fitness w/ NyRee

12:30-1:30pm

Tech Center

-Sport Trivia w/ NyRee

1:30-2:30

Dining Hall

-Art w/ NyRee

2:30-3:30pm

Dining Hall

-Men's Group

2:30-3:30pm

TEA Center

-Women's Group w/ Yemmy

2:30-3:30pm

Lounge

WEDNESDAY

-Mindfulness w/ Maui

9:30am-10:30am

Lounge

-Cultures w/ Yemmy

9:30-10:30am

TEA Center

-Health Talk w/ NyRee

10:30-11:30am

Lounge

-Fitness w/ Courtney

10:30am-11:30am

Lounge

-Cultures w/ Yemmy

10:30-11:30am

Tech Center

-Creative Arts w/ Naty

10:30am-12pm

TEA Center

-Health w/ NyRee

12:30-1:30pm

Tech Center

-Health w/ Courtney

1:30pm-2:30pm

Tech Center

-Word Game w/ Yemmy

2:30pm-3:30pm

TEA Center

-Special Events Committee

2:30-3:30pm

Zoom & In-Person

Lounge

-Bible Study w/ Pastor or Yemmy

3:30-4:30pm

Lounge

THURSDAY

-Fitness w/ Courtney

9:30-10:30am

Tech Center

-Mindfulness w/ Yemmy

9:30-10:30am

TEA Center

-Trivia w/ NyRee

10:30-11:30am

Tech Center

-Cooking w/ Courtney

10:30am-11:15am

TEA Center

-World Travel w/ Yemmy

10:30am-11:30am

Lounge

-Live Music

1:30-2:30pm

Dining Hall

-Men's Group

2:30-3:30pm

TEA Center

-Women's Group

2:30-3:30pm

Comp. Lounge

-Mindfulness w/ Yemmy

3:30-4:30pm

Tech Center

FRIDAY

-Science w/ Maui

9:30-10:30am

Tech Center

-Beverages & Brain Busters w/Courtney

9:30-10:30am

Tech Center

-Beverages & Brain Busters w/Courtney

10:45am-12:00pm

TEA Center

-Beauty Bar

10:30am-12:30pm

Lounge

-Fun Friday Special Event

1:45-3:30pm

Dining Hall

-Book Club w/ Therapy

3:00-4:00pm

TRU

Community trips to occur daily

SALON SERVICES AT REHAB

Haircuts by Lucy

7/8 & 7/15

Barber Cuts by Ricky

7/12 & 7/26

Nails by Tinia

7/8 & 7/9

Massages by Kerri

7/19



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UI Rehab – New Jersey

*Website

www.uirehabnj.com/news-and-events/

Red Room

Monday

9:30-10:30am Music w/ Natasha
 10:30-11:30am Art w/ Naty
 1:30-2:30 Live Music

Tuesday

10:30-11:30am Art w/ Fatu & Steph
 12:30-1:30pm Art w/ Vee

Wednesday

9:30-10:30am Fitness Circuit
 10:30-11:30am Art w/ Natasha
 12:30-1:30pm Science w/ Maui
 1:30-2:30pm Cultures w/ Yemmy
 2:30-3:30pm Special Events Mtg

Thursday

10:30-11:30am Switch Games w/Fatu
 12:30-1:30pm Fitness w/ NyRee

Friday

10:30-11:30am Bingo w/ Natasha

Green Room

Monday

9:30-10:30am Sensory Circuit
 10:30-11:30am Art w/ NyRee
 12:30-1:30pm Bingo w/ Vee

Tuesday

9:30-10:30am Games w/ Fatu
 10:30-11:30am Art w/ Naty
 2:30-3:30pm, Art w/ Vee

Wednesday

9:30-10:30am Sensory w/ Vee
 1:30-2:30pm Science w/ Maui

Thursday

10:30-11:30am Fitness Circuit (PT)
 12:30-1:30pm Art w/ Natasha
 2:30-3:30pm Sensory Gym

Friday

9:30-10:30am Fitness w/ Yemmy

Purple Room

Monday

9:30-10:30am Fitness w/ Courtney
 10:30-11:30am Art w/ Vee
 2:30-3:30pm Mindfulness w/ Maui

Tuesday

9:30-10:30am Music w/ Natasha
 10:30-11:30am Fitness Circuit (PT)
 12:30-1:30pm Games w/ Fatu

Wednesday

9:30-10:30am Sensory Gym
 10:30-11:30am Science w/ Maui
 12:30-1:30pm Cultures w/ Yemmy
 2:30-3:30pm Special Events Mtg

Thursday

12:30-1:30pm Community Service w/ Fatu

Friday

2:30-3:30pm Cooking w/ Natasha
 10:30-11:30am Trivia w/ Vee

Blue Room

Monday

9:30-10:30am Art w/ Naty
 10:30-11:30am Life Skills w/ Fatu
 12:30-1:30pm Music w/ Natasha

Tuesday

10:30-11:30am Art w/ NyRee
 1:30-2:30pm Games w/ Fatu
 2:30-3:30pm Sensory Circuit

Wednesday

10:30-11:30am Fitness Circuit (PT)
 12:30-1:30pm Art w/ Vee

Thursday

9:30-10:30am Art w/ Natasha
 10:30-11:30am Sensory Circuit
 12:30-1:30pm Science w/ Maui

Friday

9:30-10:30am Sensory w/ Vee

Yellow Room

Monday

9:30-10:30am Fitness Circuit
 10:30-11:30am Music w/ Natasha
 1:30-2:30pm World Cultures

Tuesday

10:30-11:30am Fitness w/ Yemmy
 12:30-1:30pm Bingo w/ Latisha
 1:30-2:30pm Art w/ Vee

Wednesday

9:30-10:30am Games w/ Fatu
 12:30-1:30pm Art w/ Natasha
 1:30-2:30pm Life Skills w/ Fatu

Thursday

9:30-10:30am Art w/ NyRee
 12:30-1:30pm Sensory w/ Vee
 1:30-2:30pm Art w/ Nati

Friday

9:30-10:30am Sensory Circuit

Teal Room

Monday

9:30-10:30am Art Therapy w/ Steph
 1:00-2:00pm Sensory Circuit

Tuesday

9:30-10:30am Art w/ Vee
 1:30-2:30pm Fitness Circuit (PT)
 2:30-3:30pm Games w/ Fatu

Wednesday

9:30-10:30am Music w/ Natsha
 1:30-2:30pm Sensory w/ Vee
 2:30-3:30pm Mindful w/ Maui

Thursday

9:30-10:30am Like Skills w/ Fatu
 1:30-2:30pm Art w/ Natasha

Friday

1:00-2:00pm Sensory Circuit (PT)

Orange Room

Monday

10:30-11:30 Fitness w/ Courtney
 12:30-1:30pm Science w/ Maui
 2:30-3:30pm Cooking w/ Natasha

Tuesday

9:30-10:30am Fitness Circuit w/ Lawrence
 10:30-11:30am Trivia w/ Vee
 12:30-1:30pm Music w/ Natasha
 1:30-2:30 Switch Games w/Fatu

Wednesday

9:30-10:30am Dance w/ NyRee
 10:30-11:30am Fitness w/ Courtney
 12:30-1:30pm Life Skills w/ Fatu
 2:30-3:30pm Special Events Mtg

Thursday

9:30-10:30am Art Therapy w/ Steph
 12:30-1:30pm Mindful w/ Yemmy
 2:30-3:30pm Comm. Service w/ Fatu

Friday

9:30-10:30am Art w/ Natasha