

Questions?

Latisha Scott
Enrichment Coordinator
Latisha.Scott@uirehab.com

Shawna Gottshall
Director of Day Program
Shawna.Gottshall@uirehab.com



SALON SERVICES AT REHAB

Nails by Tinia
 4/6 & 4/7
 4/27 & 4/28

Barber Cuts by Rohan
 4/13

Barber Cuts by Ricky
 4/27

Massage by Kerri
 4/24

Mary & Valerie
 3/31

APRIL 2026: Enrichment



We marched in the month full of energy and celebration. We embraced the arrival spring with vibrant activities that brought music and joy. In honor of DDD and TBI Awareness Month we created a meaningful platform for our clients to express themselves sharing their journeys. We proudly recognized Women's History Month & kicked off March Madness. As we welcome April we look forward to even more engaging and uplifting experiences. We will continue to build on positivity.

April Enrichment Themes

Science

Playdough Cookies, Growing Paper Worm, Tye dye Milk. Butterfly Experiment

World Culture

Multicultural Music Genres, Different Countries
 Traditional Outfits

Cooking Group

Spring Cookie Cake Pops, Nachos, Oreo Cookie Dirt Cups, Ladybug Soup

Art

Puffy Paint Cupcakes, Paper Snake Craft, Foil Art
 Puzzles, Caterpillar on a Leaf, April Showers Umbrella

"At Universal we focus on Ability and provide the resources for our clients to chase their dreams and never say never."

Jerry Lasso, Founder

April Special Events

April 3

Bake Goods Sale

Homemade baked goods pies, cakes, cookies & muffins. Attire TBD

April 10

Live Animal Show

Live animal in the dining hall with the snake man. Attire TBD

April 17

Autism Awareness

Join us for an Autism Awareness Walk in the courtyard. Wear Blue

April 24

Earth Day/Tea Party Celebration

Join us in the courtyard as we celebrate Earth Day while sipping a cup of tea. Wear Green

Follow us on Social Media

*Instagram: @ui_rehab

*Facebook:

UI Rehab – New Jersey

*Website

[www.uirehabnj.com/
 news-and-events/](http://www.uirehabnj.com/news-and-events/)

Marion Haig
Day Program Coordinator
Marion.Haig@uirehab.com



APRIL 2026

Activities listed are led by Activity Specialists. Additional activities are set-up daily by Direct Support Professionals.

MONDAY

- **Word Game w/ Yemmy**

9:30am-10:30am
Dining Hall

- **Fitness**

9:30am-10:30am
Lounge

- **Art w/ Janiya**

10:30am-11:30am
Tea Center

- **Live Music**

2:00pm-2:40pm
Dining Hall

- **Art w/ Janiya**

2:40pm-3:30pm
Lounge

- **Bingo w/ NyRee**

2:40pm-3:30pm
Tea Center

- **Games w/Yemmy**

3:30pm-4:30pm
Tea Center

TUESDAY

- **Music w Massage / Yemmy**

9:30am-10:30am
Lounge

- **World Culture w/ Sabrina**

9:30am-10:30am
Tea Center

- **Spa Day**

11:30am-12:30am
Dining Hall

- **Men's Group**

2:00pm-3:00pm
Tea Center

- **Women's Group**

2:00pm-3:00pm
Tea Center

- **Science w/NyRee**

2:30pm-3:30pm
Dining Hall

- **Karaoke w/ Yemmy**

3:30pm-4:00pm
Dining Hall

WEDNESDAY

- **Table Talk**

8:45am-9:15am
Tea Center

- **Karaoke w/ Yemmy**

9:30am-10:30am
Tea Center

- **Board Game w/ Sabrina**

9:30am-10:30am
Lounge

- **Cooking w/ Sabrina**

10:30am-11:30am
Dining Hall

- **Cooking Group**

10:30am-11:30am
Tea Center

- **Special Events**

2:30pm-3:30pm
Tea Center

- **Bible Study w/ Pastor or Yemmy**

3:30pm-4:30pm
Tea Center

- **Table Games w/Sabrina**

3:30pm-4:00pm
Dining Hall

THURSDAY

- **World Culture w/Sabrina**

9:30am-10:30am
Lounge

- **Music w/ Yemmy**

10:30am-11:30am
Lounge

- **Live Music**

1:00pm-1:40pm
Dining Hall

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- **Men's Group**

2:00pm-3:00pm
Tea Center

- **Women's Group**

2:00pm-3:00pm
Tea Center

- **Board Games w/ Sabrina**

3:00pm-4:00pm
Tea Center

- **Games w/ Yemmy**

3:30pm-4:00pm
Dining Hall

FRIDAY

- **Art w/ Janiya**

10:30am-11:30am
Dining Hall

- **Fun Friday Event**

2:15pm-3:00pm
Dining Hall/Courtyard

Mujdat Williams
Day Program Coordinator
Mujdat.Williams@uirehab.com



Red Room

Monday	
9:30am-10:30am	Art w/ Nyree
10:30am-11:00am	Sensory Gym
2:00pm-2:40pm	Live Music
Tuesday	
9:30am-10:30am	Sensory w/ Janiya
10:30am-11:00am	Vo-Tech
12:30pm-1:00pm	Fitness w/ Yemmy
Wednesday	
9:30am-10:00am	Sensory Gym
12:30pm-2:30pm	Crafts w/ Yemmy
Thursday	
9:30am-10:00am	PT Swings
10:30am-11:30am	Science w/ Sabrina
12:30pm-1:00pm	Sensory w/ Janiya
1:00pm-1:40pm	Live Music
Friday	
1:30pm-2:30pm	Fun Friday Event

Blue Room

Monday	
9:30am-10:30am	Sensory w/ Sabrina
1:00pm-1:40pm	Live Music
Tuesday	
9:30am-10:00am	Grooming/Hygiene
10:00am-10:30am	Sensory Gym
10:30am-11:30am	Vo-Tech
12:30pm-1:30pm	Art w/ Janiya
Wednesday	
10:30am-11:30am	PT Gym Swings
Thursday	
10:30am-11:30am	Grooming/Hygiene
1:00pm-1:40pm	Live Music
1:00pm-1:40pm	Bingo w/ Nyree
Friday	
9:30am-10:30am	Grooming/Hygiene
10:30am-11:30am	Fitness w/Yemmy
1:00pm-1:30 pm	Fun Friday Events

VIBE Center - Social

Monday	
10:30am	Games w/ Yemmy
1:00pm	Live Music
2:30pm	Fitness w/ Yemmy
Tuesday	
1:30pm	Art w/ NyRee
Wednesday	
10:30am	Vo-Tech
1:00pm	Active Gym
2:30pm	Special Events Mtg
Thursday	
10:30am	Bingo w/ NyRee
12:30pm	Mindful w/Yemmy
2:00pm	Live Music
Friday	
9:30am	Art w/ Janiya
10:30am	Pt Gym Swings
1:30pm	Fun Friday Event

VIBE Center - Sensory

Monday	
10:30am	Science w/ Sabrina
1:00pm	Live Music
2:30pm	Fitness w/ Yemmy
Tuesday	
10:30am	PT Swings
1:30pm	Art w/ Janiya
Wednesday	
10:30am	Outdoor Walks
2:30pm	Special Events Mtg
Thursday	
10:30am	Vo-Tech
12:30pm	Mindful w/Yemmy
2:00pm	Live Music
Friday	
10:00am	Active Gym
1:30pm	Fun Friday Event

Nathan Mogesa
Day Program Coordinator
Nathan.Mogesa@uirehab.com



Yellow Room

Monday	
9:30am-10:30am	PT Gym Swings
12:30pm-1:30pm	Bingo / Sabrina
2:00pm-2:40pm	Live Music
Tuesday	
10:30am-11:30am	Fitness w/ Yemmy
2:30pm-3:30pm	Sensory w/ Janiya
Wednesday	
9:30am-10:30am	Vo-Tech
11:00am-11:30am	Sensory Gym
1:30pm-2:30pm	Cooking w/ Sabrina
2:30pm-3:00pm	Special Events
Thursday	
11:30am-12:30pm	Art w/ Stephanie
1:00pm-1:40 pm	Live Music
Friday	
9:30am-10:00am	Sensory Gym
2:15pm-3:00pm	Fun Friday Events

Teal Room

Monday	
10:30am-11:30am	Outdoor Walks
2:00pm-2:40pm	Live Music
Tuesday	
9:30am-10:30am	PT Gym Swings
10:30am-11:30am	Sensory w/ Sabrina
1:30pm-2:30pm	Music w/Yemmy
2:30pm-3:00pm	Sensory Gym
Wednesday	
9:30am-10:30am	Art w/ Nyree
12:30pm-1:30pm	Sensory w/ Janiya
Thursday	
10:00am-10:30am	Sensory Gym
1:00pm-1:40pm	Live Music
2:30pm-3:30pm	Mindful w/Yemmy
Friday	
9:30am-10:30am	Meditat w/ Sabrina
2:15pm-3:00pm	Fun Friday Events

Purple Room

Monday	
10:30am-11:30am	PT Gym Swings
1:00pm-1:40pm	Live Music
Tuesday	
12:30pm-1:30pm	Bingo w/ Sabrina
1:30pm-2:00pm	Sensory Gym
Wednesday	
10:30am-11:30am	Art w/ NyRee
1:30pm-2:30pm	Crafts w/ Yemmy
Thursday	
9:30am-10:30am	Vo-Tech
10:30am-11:30am	Art w/ Stephanie
1:00pm-1:30pm	Sensory Active Gym
2:00pm-2:40pm	Live Music
Friday	
10:30am-11:30am	Sensory w/ Sabrina
2:15pm-3:00pm	Fun Friday Event

Orange Room

Monday	
9:30am-10:30am	Vo-Tech
2:00pm-2:40pm	Live Music
Tuesday	
9:30am-10:30am	Art w/ NyRee
Wednesday	
9:30am-10:30am	PT Gym Swings
10:30am-11:30am	Mindful w/ Yemmy
12:30pm-1:30pm	Cooking / Sabrina
1:30pm-2:30pm	Vo-Tech
2:30pm-3:30pm	Special Events
Thursday	
9:30am-10:30am	Art Therapy w/ Step
1:00pm-1:40pm	Live Music
Friday	
9:30am-10:30am	Bingo w/ NyRee
2:15pm-3:00pm	Fun Friday Events

Green Room

Monday	
9:30am-10:00am	Sensory Gym
12:30pm-1:30pm	Art w/ NyRee
2:00pm-2:40 pm	Live Music
Tuesday	
10:30am-11:30am	Outdoor Walks
Thursday	
9:30am-10:30am	Science w/ NyRee
10:30am-11:30am	PT Gym Swings
12:30pm-1:00pm	Sensory w/ Sabrina
1:00pm-1:40pm	Live Music
3:00pm-3:30pm	Sensory Gym
Friday	
9:30am-10:30am	Fitness w/ Yemmy
2:15pm-3:00pm	Fun Friday Event

Gray Room

Monday	
10:30am-11:30am	Vo-Tech
1:00pm-1:30pm	Sensory Gym
2:00pm-2:40pm	Live Music
2:40pm-3:30pm	Science w/ Sabrina
Tuesday	
10:30am-11:30am	Art w/ NyRee
Wednesday	
1:30pm-2:30pm	Bingo w/ NyRee
Thursday	
9:30am-10:30am	Mindful w/ Yemmy
1:00pm-2:00pm	Vo-Tech
2:00pm-2:30pm	Art w/ Janiya
Friday	
9:30-10:30am	PT Gym Swings
1:00pm-1:30pm	Sensory Gym
2:15pm-3:00pm	Fun Friday Event