

## Questions?

**Latisha Scott**  
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**Shawna Gottshall**  
**Director of Day Program**  
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### SALON SERVICES AT REHAB

**Nails by Tinia**  
 5/18 & 5/19

**Barber Cuts by Rohan**  
 5/11

**Barber Cuts by Ricky**  
 5/26

**Mary & Valerie**  
 5/12

## MAY 2026: Enrichment



April was filled with excitement as we enjoyed a live animal show, came together for an amazing Autism Awareness walk. Wrapped up the month painting pots for Earth Day and a lovely tea party. The energy and participation made everything truly special. We are carrying the same energy and excitement into May. It is shaping up to be another fun and meaningful month for everyone to enjoy!

### May Enrichment Themes

#### Science

Cinco de Mayo Slime, Sparkle Bottles, Taco Explosion, Flower Dissection

#### Life Skills

Cinco De Mayo Table Setting, Sorting & Washing Laundry, Memorial Day Table Setting

#### Cooking Group

Mexican Corn Dip, Strawberry Fruit Tart, Red & Blue Parfait, Tropical Fruit Smoothies

#### Art

Cactus Paper Bag Puppets, Mother's Day Cards, Haitian Flag Pointillism, Police Badge

"At Universal we focus on Ability and provide the resources for our clients to chase their dreams and never say never."

Jerry Lasso, Founder

## May Special Events

### May 1

#### Cinco de Mayo

Join us for Mexican Music in the courtyard. Happy hour with Margaritas. Wear red, white, & green.

### May 8

#### Mother's Day Sale

Join us in the courtyard for the Mother's Day sale. Make your own bouquets of flowers, head bands and more.

### May 15

#### Haitian Heritage Month

Join us in the courtyard as we celebrate & learn about Haitian music, food, & culture. Wear red, white & blue.

### May 22

#### Memorial Day Celebration

Put on your red, white, & blue. Dancing & Karaoke with DJ Myles in the courtyard.

### May 29

#### Police & EMT Appreciation

Showing appreciation to our local heroes. Special visit from the Livingston Police. Wear Blue.

### Follow us on Social Media

\*Instagram: @ui\_rehab

\*Facebook:

UI Rehab – New Jersey

\*Website

[www.uirehabnj.com/  
news-and-events/](http://www.uirehabnj.com/news-and-events/)

**Marion Haig**  
Day Program Coordinator  
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### MONDAY

#### - Word Game w/ Yemmy

9:30am-10:30am

Dining Hall

#### Karaoke w/ Kelly

9:30am-10:30am

Lounge

#### Karaoke w/ Kelly

10:30am-11:30am

Dining Hall

#### -Art w/ Janiya

10:30am-11:30am

Tea Center

#### - Live Music

2:00pm-2:40pm

Courtyard

#### - Art w/ Janiya

2:40pm-3:30pm

Lounge

#### - Bingo w/ NyRee

2:40pm-3:30pm

Tea Center

#### - Games w/Yemmy

3:30pm-4:30pm

Tea Center

### TUESDAY

#### - Music w Massage /

Yemmy

9:30am-10:30am

Lounge

#### -World Culture w/

Sabrina

9:30am-10:30am

Tea Center

#### -Men's Group

2:00pm-3:00pm

Tea Center

#### -Women's Group

2:00pm-3:00pm

Tea Center

#### - Science w/NyRee

2:30pm-3:30pm

Dining Hall

#### Karaoke w/ Yemmy

3:30pm-4:30pm

Dining Hall

### WEDNESDAY

#### -Table Talk

8:45am-9:15am

Tea Center

#### Fitness w/ Kelly

9:30am-10:30am

Dining Hall

#### Karaoke w/ Yemmy

9:30am-10:30am

Tea Center

#### - Board Game w/ Sabrina

9:30am-10:30am

Lounge

#### Wellness w/ Sabrina

10:30am-11:30am

Dining Hall

#### Bingo w/ Kelly

1:30pm-2:30pm

Lounge

#### Bingo w/ Lataisha

1:30pm-2:30pm

Dining Hall

#### - Special Events

2:30pm-3:30pm

Tea Center

#### Bible Study w/ Pastor or

Yemmy

3:30pm-4:30pm

Tea Center

#### Table Games w/Sabrina

3:30pm-4:30pm

Dining Hall

### THURSDAY

#### -World Culture

w/Sabrina

9:30am-10:30am

Lounge

#### Cooking w/ Lataisha

9:30am-10:30am

Dining Hall

#### - Music w/ Yemmy

10:30am-11:30am

Lounge

#### Cooking w/ Lataisha

10:30am-11:30am

Tea Center

#### - Live Music

1:00pm-1:40pm

Courtyard

#### Meditation w/ Lataisha

1:40pm-2:30pm

Lounge

-

#### Men's Group

2:00pm-3:00pm

Tea Center

#### - Women's Group

2:00pm-3:00pm

Tea Center

#### - Board Games w/

Sabrina

3:00pm-4:00pm

Tea Center

#### - Games w/ Yemmy

3:30pm-4:00pm

Dining Hall

### FRIDAY

#### -Art w/ NyRee

9:30am-10:30am

Tea Center

#### Art w/ Janiya

10:30am-11:30am

Dining Hall

#### - Fun Friday Event

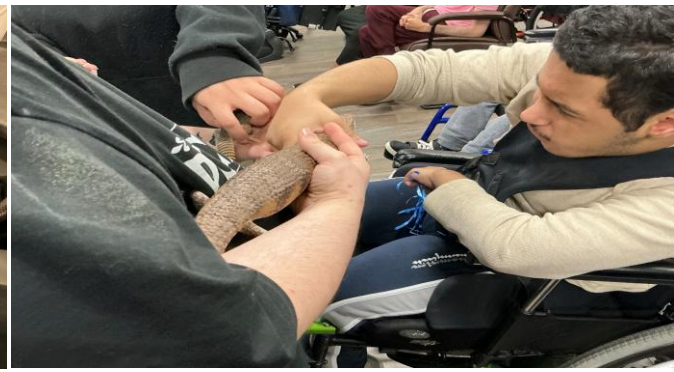
2:15pm-3:00pm

Dining Hall/Courtyard

MAY 2026

Activities listed are led by Activity Specialists. Additional activities are set-up daily by Direct Support Professionals.

**Mujdat Williams**  
**Day Program Coordinator**  
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**Red Room**

- Monday**  
 9:30am-10:30am Art w/ Nyree  
 10:30am-11:00am Sensory Gym  
 12:30pm-1:30pm Bingo w/ Lataisha  
 2:00pm-2:40pm Live Music
- Tuesday**  
 9:30am-10:30am Sensory w/ Janiya  
 10:30am-11:00am Vo-Tech  
 12:30pm-1:00pm Fitness w/ Yemmy
- Wednesday**  
 9:30am-10:00am Sensory Gym  
 12:30pm-1:30pm Crafts w/ Yemmy
- Thursday**  
 9:30am-10:30am PT Swings  
 10:30am-11:30am Science w/ Sabrina  
 12:30pm-1:00pm Sensory w/ Janiya  
 1:00pm-1:40pm Live Music  
 2:30pm-3:30pm Karaoke w/ Kelly
- Friday**  
 10:30am-11:30am Music & Mas w/ Kelly  
 1:30pm-2:30pm Fun Friday Event

**Blue Room**

- Monday**  
 9:30am-10:30am Sensory w/ Sabrina  
 12:30pm-1:30pm Music & Mas w/Kelly  
 2:00pm-2:40pm Live Music
- Tuesday**  
 10:00am-10:30am Sensory Gym  
 10:30am-11:30am Vo-Tech  
 12:30pm-1:30pm Art w/ Janiya  
 2:30pm-3:30pm Meditate w/ Sabrina
- Wednesday**  
 9:30am-10:30am Switch Ga w/Lataisha  
 10:30am-11:30am PT Gym Swings  
 12:30pm-1:30pm Art w/ NyRee
- Thursday**  
 1:00pm-1:40pm Live Music  
 1:40pm-2:40pm Bingo w/ Nyree
- Friday**  
 10:30am-11:30am Fitness w/Yemmy  
 2:00pm-3:00 pm Fun Friday Events

**VIBE Center - Social**

- Monday**  
 10:30am Games w/ Yemmy  
 1:00pm Live Music  
 2:30pm Fitness w/ Yemmy
- Tuesday**  
 10:30am Life Skills w/ Lataisha  
 1:30pm Art w/ NyRee
- Wednesday**  
 10:30am Vo-Tech  
 1:00pm Active Gym  
 2:30pm Special Events Mtg
- Thursday**  
 10:30am Bingo w/ NyRee  
 12:30pm Mindful w/ Yemmy  
 2:00pm Live Music
- Friday**  
 9:30am Art w/ Janiya  
 10:30am Pt Gym Swings  
 1:30pm Fun Friday Event

**VIBE Center - Sensory**

- Monday**  
 10:30am Science w/ Sabrina  
 1:00pm Live Music  
 2:30pm Fitness w/ Yemmy
- Tuesday**  
 10:30am PT Swings  
 12:30pm Sw Games w/ Lataisha  
 1:30pm Art w/ Janiya
- Wednesday**  
 10:30am Outdoor Walks  
 2:30pm Special Events Mtg
- Thursday**  
 10:30am Vo-Tech  
 12:30pm Mindful w/ Yemmy  
 2:00pm Live Music
- Friday**  
 9:30am Music & Mas w/ Kelly  
 10:30am Active Gym  
 1:30pm Fun Friday Event

**Nathan Mogesa**  
**Day Program Coordinator**  
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**Purple Room**

**Monday**  
 10:30am-11:30am PT Gym Swings  
 1:00pm-1:40pm Live Music  
 2:40pm-3:30pm Music & Mas w/ Kelly  
**Tuesday**  
 9:30am-10:30am Sw Games w/ Lataisha  
 12:30pm-1:30pm Bingo w/ Sabrina  
 1:30pm-2:00pm Sensory Gym  
**Wednesday**  
 10:30am-11:30am Art w/ NyRee  
 1:30pm-2:30pm Crafts w/ Yemmy  
**Thursday**  
 9:30am-10:30am Vo-Tech  
 10:30am-11:30am Art w/ Stephanie  
 1:00pm-1:30pm Sensory Active Gym  
 2:00pm-2:40pm Live Music  
**Friday**  
 10:30am-11:30am Sensory w/ Sabrina  
 2:15pm-3:00pm Fun Friday Event

**Orange Room**

**Monday**  
 9:30am-10:30am Vo-Tech  
 2:00pm-2:40pm Live Music  
**Tuesday**  
 9:30am-10:30am Art w/ NyRee  
 10:30am-11:30am Fitness w/ Kelly  
 1:30pm-2:30pm Science w/ Sabrina  
**Wednesday**  
 9:30am-10:30am PT Gym Swings  
 10:30am-11:30am Mindful w/ Yemmy  
 12:30pm-1:30pm Wellmess / Sabrina  
 1:30pm-2:30pm Vo-Tech  
 2:30pm-3:30pm Special Events  
**Thursday**  
 9:30am-10:30am Art w/ Stephanie  
 10:30am-11:30am Cooking w/ Kelly  
 1:00pm-1:40pm Live Music  
**Friday**  
 9:30am-10:30am Bingo w/ Lataisha  
 2:15pm-3:00pm Fun Friday Events

**Yellow Room**

**Monday**  
 9:30am-10:30am PT Gym Swings  
 10:30am-11:30am Music & Mas w/ Kelly  
 12:30pm-1:30pm Crafts / Yemmy  
 2:40pm-3:30pm Games W/ Lataisha  
**Tuesday**  
 10:30am-11:30am Fitness w/ Yemmy  
 12:30pm-1:30pm Karaoke w/ Kelly  
 2:30pm-3:30pm Paint & Sip w/ Janiya  
**Wednesday**  
 9:30am-10:30am Vo-Tech  
 11:00am-11:30am Sensory Gym  
 12:30pm-1:30pm Bingo w/ Kelly  
 1:30pm-2:30pm Wellness w/ Sabrina  
 2:30pm -3:00pm Special Events  
**Thursday**  
 9:30am-10:30am Cooking w/ Kelly  
 11:30am-12:30pm Art w/ Stephanie  
**Friday**  
 9:30am-10:00am Sensory Gym  
 2:15pm-3:00pm Fun Friday Events

**Green Room**

**Monday**  
 9:30am-10:00am Sensory Gym  
 10:30am-11:30am Life Skills w/ Lataisha  
 12:30pm-1:30pm Art w/ NyRee  
 2:00pm-2:40 pm Live Music  
**Tuesday**  
 9:30am-10:30am Music & Mas w/ Kelly  
**Wednesday**  
 10:30am-11:30am Bingo w/ Lataisha  
**Thursday**  
 9:30am-10:30am Science w/ NyRee  
 10:30am-11:30am PT Gym Swings  
 12:30pm-1:00pm Sensory w/ Sabrina  
 1:00pm-1:40pm Live Music  
 3:00pm-3:30pm Sensory Gym  
**Friday**  
 9:30am-10:30am Fitness w/ Yemmy  
 2:15pm-3:00pm Fun Friday Event

**Teal Room**

**Monday**  
 9:30am-10:30am Music w/ Lataisha  
 10:30am-11:30am Outdoor Walks  
 2:00pm-2:40pm Live Music  
**Tuesday**  
 9:30am-10:30am PT Gym Swings  
 10:30am-11:30am Sensory w/ Sabrina  
 1:30pm-2:30pm Music w/Yemmy  
 2:30pm-3:00pm Sensory Gym  
**Wednesday**  
 9:30am-10:30am Art w/ Nyree  
 12:30pm-1:30pm Sensory w/ Janiya  
**Thursday**  
 10:00am-10:30am Sensory Gym  
 1:00pm-1:40pm Live Music  
 2:30pm-3:30pm Mindful w/Yemmy  
**Friday**  
 9:30am-10:30am Meditate w/ Sabrina  
 2:15pm-3:00pm Fun Friday Events

**Gray Room**

**Monday**  
 10:30am-11:30am Vo-Tech  
 1:00pm-1:30pm Sensory Gym  
 2:00pm-2:40pm Live Music  
 2:40pm-3:30pm Science w/ Sabrina  
**Tuesday**  
 10:30am-11:30am Art w/ NyRee  
 1:30pm-2:30pm Bingo w/ NyRee  
**Thursday**  
 9:30am-10:30am Mindful w/ Yemmy  
 1:00pm-2:00pm Vo-Tech  
 2:00pm-2:40pm Zumba w/ Sabrina  
 2:40pm-3:30pm Switch ga w/Lataisha  
**Friday**  
 9:30-10:30am PT Gym Swings  
 1:00pm-1:30pm Sensory Gym  
 2:15pm-3:00pm Fun Friday Event